

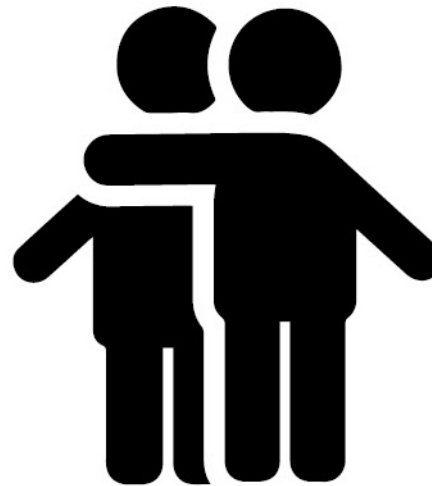


**REPUBLIC OF KENYA
MINISTRY OF HEALTH**

How is COVID-19 spread?



Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.



Through close contact with COVID-19 infected person(s); approximately within 2 metres or 6 feet or 2-3 steps. This can be through hugging, kissing, hand shaking or standing close.



By touching objects and surfaces contaminated by Coronavirus and then touching the mouth, nose, or eyes.